



Professional Certificate in Case Management for People with Severe Mental Illness (4-day)

精神康復服務個案管理

專業證書課程(四天)



網上即時報名

專業認可持續進修學分

護士 Nurse : CNE

社工 Social Worker : CPD

職業治療師 OT : CPD

Professional Intervention and Training Series

Introduction

Case Management is a care delivery model commonly used internationally at the field of medical and social services. It was adopted locally at Hong Kong in recent decades. Evidence showed that it was effective to improve quality of care for different types of services users with complex needs.

The whole course will be divided into two parts. Each part will include a two-day workshop for case managers who are caring people with Severe Mental Illness.

For part 1 of this program, it will start with an overview and understanding of the model of Case Management. Participants will then be introduced further practical skills on Clinical Assessment, Care Planning, Intervention and Evaluation. They will gradually be equipped with the basic theories and practice of Case Management.

For part 2 of the workshop, it is designed to generate discussions on several specific topics in daily clinical practice. For instance, issues will include how to handle difficult cases, Family Work, Medication Management, Relapse Prevention and Crisis Intervention. With both workshops, participants will enhance their awareness on the width and depth of the theories and practice of Case Management.

Course Objectives

1. Get an overview of Case Management in Community Mental Health Care
2. Learn the key features of different Case Management Models
3. Acquire the basic knowledge and skills in clinical practice as a case manager to look after service users with Severe Mental Illness
4. Gain a brief understanding of Family Work and Medication Management
5. Acquire the essential elements and the general process of Crisis Intervention

Trainer

CHAN Oi Wah, Eva (陳靄華女士)

RMN, BSN(Hons), MSc(LSHTM), FHKCCHP

- Registered Psychiatric Nurse
- Bachelor of Science (Hons) in Nursing (HKPU)
- Master of Science in Health Promotion (LSHTM)
- Mini Fellow of Behavioral Sleep Medicine (PennU)
- Recovery Educator (Yale U)
- Fellow of Hong Kong College of Community Health Practitioners

Miss Chan is an experienced psychiatric nurse. In the past years, she has made contribution to develop nursing competencies for staff training and development at Hong Kong Hospital Authority. She advocated the Case Management Model at Community Psychiatric Nursing and was one of the key members to initiate deinstitutionalization projects at local mental hospitals in line of the international service trend.

In addition, Miss Chan is a frequent speaker and awarded at seminars, universities and international conferences. She received twice the Certificate of Appreciation by Governor of Hong Kong and Chief Executive of the Hong Kong Special Administrative Region of the People's Republic of China as well.



香港專業培訓學會
Hong Kong Society of Professional Training

202-204A, Two Harbourfront, Tak Fung St.,
Hung Hom, Kowloon, Hong Kong
ask@hkspt.org www.hkspt.org
Tel: 3111 0264 Fax: 2125 7900

Course Content

Module I : Case Management in Community Mental Health Care

1. An Overview of Case Management

- History & Development of Community Mental Health Care
- Target clients for Case Management
- Case Management Models
- Roles and Competencies of case managers

2. Care Planning & Intervention for People with Severe Mental Illness

- Techniques on Care Objectives & Care Plan Setting
- Choices and Strategies of Intervention

3. Application of Strength Model & Evaluation

- Key features of Strength Model
- Wisdom in clinical application
- Clinical Evaluation
- Use of common tools

Module II: Case Management in Family Work, Medication and Crisis

1. Techniques on Handling Difficult Cases

- Common difficult cases with Severe Mentally Illness at the community
- Strategies for action

2. Family Work

- Understanding of Family Work
- Management of family members with High Expressed Emotion (HEE)

3. Medication Management & Relapse Prevention for Psychiatric Patients

- Common treatments for people with Severe Mental Illness
- The positive and negative effects of psychiatric drugs
- Understanding of Drug Management & Relapse Prevention

4. Crisis Intervention

- Understanding of Mental Health Ordinances
- Psychiatric Emergency & Crisis Intervention
- Preparation, Action in Place & After Care of a Crisis Intervention

(CMT – C2042)

For enquiry : 852-3111 0264

Online Registration



Course Details

Date & Time : **Module 1:** 2/7 & 3/7/2020 (Thur. & Fri.) 9:30am – 5:30pm (total of 14 hours)

Module 2: 9/7 & 10/7/2020 (Thur. & Fri.) 9:30am – 5:30pm (total of 14 hours)

Venue : HKSPT Conference Room, 202-204A, Two Harbourfront, Hung Hom, Kowloon, Hong Kong
(Approx. 3 min walking distance from Whampoa MTR Station Exit D2)

Course Fee : Please refer to the course fee table on next page

Language : Cantonese supplemented with English (teaching materials are mainly in English)

Target : Case managers, Social Workers, Nurses, Therapists, Staff who working at Integrated Community Centre for Mental Wellness (ICCMW) or Professionals who interested in Case management

Course Mode : Lecture, Group Discussion & Case Sharing

Certificate : Certificate of Attendance issued by Hong Kong Society of Professional Training

Accreditation : Nurse : 1 CNE / hour, Social Worker : 1 CPD/ hour, OT (CPD): To be Confirmed



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Registration Form

Course Name : Professional Certificate in Case Management for People with Severe Mental Illness

Date & Time : **Module 1**: 2/7 & 3/7/2020 (Thur. & Fri.) 9:30am – 5:30pm (total of 14 hours)

Module 2: 9/7 & 10/7/2020 (Thur. & Fri.) 9:30am – 5:30pm (total of 14 hours)

Course Fee	Full Course	Module 1	Module 2
Single Participant	<input type="checkbox"/> \$4,800-	<input type="checkbox"/> \$2,400-	<input type="checkbox"/> \$2,600-
Enroll the course 1 month prior to the event Or Group of 3 or above	<input type="checkbox"/> \$4,600- / each	<input type="checkbox"/> \$2,300- / each	<input type="checkbox"/> \$2,500- / each
Enroll the course 1 month prior to the event And Group of 3 or above	<input type="checkbox"/> \$4,400- / each	<input type="checkbox"/> \$2,200- / each	<input type="checkbox"/> \$2,400- / each

* For group discount registration, please submit your forms altogether.

Discount Code: _____

Name (in English) : _____ (Mr / Ms) 姓名 (中文): _____

(Printed name on certificate, please provide it in block letter, thank you.)

Education Level: Primary Secondary Tertiary or above

Nature of Job (please fill in for trainer's better preparation of teaching materials):

Medical Staff Social Worker Occupational Therapist Other _____

#Email: _____ Tel: _____

I agree I disagree to receive regular HKSP's course information by email.

My email address is already in your list and I have been regularly receiving HKSP's course information.

Payment by Cheque:

Please made crossed cheque payable to "Hong Kong Society of Professional Training"

Cheque No: _____ Name of Bank: _____

Please send completed registration form and cheque to: **Hong Kong Society of Professional Training,**

Rm. 202-204A, Two Harbourfront, Tak Fung St., Hung Hom, Kowloon, Hong Kong.

Payment by Bank-in / Fast Payment Service (FPS) 轉數快:

Please settle the payment via Fast Payment Service with **FPS code 8835217** or bank in to our bank account with "Bank of China (HK) Ltd" 中銀香港 A/C No: **012-890-1-038-682-9**.

Please send the completed registration form and screenshot picture or bank in slip to Hong Kong Society of Professional Training either by email (PDF) to **ask@hkspt.org** or by fax: **852-2125 7900**.

We will confirm your registration through email within 1 week, please contact us if you do not receive any confirmation.

Receipt Heading: _____ (please write in block letter)

Applicant Signature: _____ Date: _____

Important Notes:

1. The course confirmation will be sent to participants via email at least 2 weeks prior the course, please contact us if you do not receive any notification.
2. All registration will be accepted on a first come first served basis.
3. Once a registration has been submitted, it cannot be refunded and cancelled for any reasons.
4. All request on registration amendment must be given in written form. An administration fee of HK\$200 will be charged for any processing request.
5. Official receipt will be issued on the first day of the course. Re-issuance of official receipt will be charged HK\$50.
6. If you have any enquiry, please feel free to contact us on www.hkspt.org or 3111 0264.



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