



敘事治療

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專業認可持續進修學分

護士 Nurse : CNE

社工 Social Worker : CPD

職業治療師 OT : CPD

之基本概念及技巧運用 初級課程 (第四屆)

Introductory Course in

Narrative Therapy (Class 4)



Online Registration

Module I : Basic Concepts and Skills ; Module II : Case Supervision

Professional Counseling & Intervention Series

Introduction

This course is intended to offer a bird's eye view on the basic philosophical foundation that underlies Narrative Therapy. In addition, what narrative therapy in a nutshell is about: namely, the experiencing of our lives through stories as well as situating stories in therapeutic context. This course is intended to be both informational, educational as well as experiential.

Course Objectives

Module 1:

1. To gain a fundamental understanding of the philosophical foundation in narrative therapy
2. To explore personal attractions of narrative therapy
3. To experience what it is like to live life through stories; to tell stories about yourself
4. To gain a basic understanding of externalizing conversation
5. To gain a basic understanding of retrieving unique outcomes and thickening them with the view of constructing an alternative plot of preferred story

Module 2: To refine the therapeutic skills of Narrative Therapy



Course Content

Module 1:

1. Basic understanding of philosophical influences which helps to shape Michael White's conception of narrative therapy
2. The meaning of such philosophical implication for our personal and professional lives
3. The meaning and importance of stories as opposed to feelings
4. Understanding of externalizing conversation: naming the problem, tracing its history as well as exploring its effects
5. Retrieving unique outcomes, thickening them and reconstructing an alternative preferred story plot
6. The practice and developing the skills of asking good and helpful clinical questions

Module 2: Participants can bring their own video, transcripts or verbal reports for case supervision.

Trainer

Ms. Josanna Lai (黎玉蓮小姐)

Ms. Lai is a registered clinical psychologist with over twenty years of clinical experience both in Hong Kong and Australia. Her clinical work spans across different clinical settings including psychiatric hospital (HK & Australia), university counseling setting, rehabilitation setting and private practice. She is a clinical supervisor for HK Master's Programs in Clinical Psychology as well as honorary clinical supervisor for Fu Hong.

Ms. Lai was a personal friend of late Michael White and completed an intensive Diploma Course in Narrative Therapy under his tutelage. She was also the clinical supervisor for HK Baptist University Master's Program in Youth Counseling.



香港專業培訓學會
Hong Kong Society of Professional Training

202-204A, Two Harbourfront, Tak Fung St.,
Hung Hom, Kowloon, Hong Kong
ask@hkspt.org www.hkspt.org
Tel: 3111 0264 Fax: 2125 7900

Course Details

Date / Time : **Module 1:** 7/1 & 14/1/2021 (Thur.) 9:30am – 5:30pm (14 hours in total)
Module 2: 28/1/2021 (Thur.) 9:30am – 5:30pm (7 hours)

Venue : HKSP Conference Room, 202-204A, Two Harbourfront, Hung Hom, KLN, HK (Whampoa MTR Station Exit D2)

Course Fee : Please refer to the table as below

Language : Cantonese supplemented with English (Teaching materials are mainly in English)

Course Mode : Lecture, group discussion & case sharing

Target : 1. Helping professionals, such as clinical psychologists, counselors, social workers, teachers
2. Those who are interested in narrative therapy and expanding their paradigm of thought about life

Certificate: "Certificate of Attendance" issued by Hong Kong Society of Professional Training

Accreditation: Nurse (CNE) : 1 CNE/ hour, Social Worker : 1 CPD/ hour , OT (CPD) : To be confirmed

(INT – C2105)

For enquiry: Tel 852-3111 0264

Registration online



Registration Form

Course: Introductory Course in Narrative Therapy (Class 4)

Date: **Module 1:** 7/1 & 14/1/2021 9:30am – 5:30pm ; **Module 2:** 28/1/2021 9:30am – 5:30pm

Full Course	Course Fee	Early Bird (Enroll the course at least 1 month prior to the event)	Individual Module
Single participant	<input type="checkbox"/> HK\$4,800-	<input type="checkbox"/> HK\$4,700-	Module 1: <input type="checkbox"/> HK\$3,300- Module 2: <input type="checkbox"/> HK\$1,700-
For group of 3 or more	<input type="checkbox"/> HK\$4,700-/each	<input type="checkbox"/> HK\$4,600-/each	

* For group discount registration, please submit your forms together.

Discount Code: _____

Name (in English) : _____ (Mr / Ms) 姓名 (中文): _____

(Printed name on certificate, please provide it in block letter, thank you.)

Student No: _____

Education Level: Primary Secondary Tertiary or above

Nature of Job (please fill in for trainer's better preparation of teaching materials):

Medical Staff Social Worker Occupational Therapist Other _____

#Email: _____ Tel: _____

I agree I disagree to receive regular HKSP's course information by email.

My email address is already in your list and I have been regularly receiving HKSP's course information.

Payment by Cheque: Please made crossed cheque payable to "Hong Kong Society of Professional Training"

Cheque No: _____ Name of Bank: _____

Please mail the completed registration form and cheque to "Hong Kong Society of Professional Training , Rm. 202-204A, Two Harbourfront, Tak Fung St., Hung Hom, Kowloon, Hong Kong" .

Payment by Bank-in : "Bank of China (HK) Ltd" 中銀香港 A/C No: 012-890-1-038-682-9

Payment by Fast Payment Service (FPS) 轉數快 : FPS code 8835217

Payment by Payme : Please scan the QR code at the bottom of this page

Please send the completed registration form and screenshot picture/bank in slip to Hong Kong Society of Professional Training either by email (PDF) to ask@hkspt.org or by fax: **852-2125 7900**.

We will confirm your registration through email within 1 week, please contact us if you do not receive any confirmation.

Receipt Heading: _____ (please write in block letter)

Applicant Signature: _____ Date: _____

Important Notes:

- #1. The course confirmation will be sent to participants via email at least 2 weeks prior the course, please contact us if you do not receive any notification.
2. All registration will be accepted on a first come first served basis.
3. Once a registration has been submitted, it cannot be refunded and cancelled for any reasons.
4. All request on registration amendment must be given in written form. An administration fee of HK\$200 will be charged for any processing request.
5. Official receipt will be issued on the first day of the course. Re-issuance of official receipt will be charged HK\$50.
6. If you have any enquiry, please feel free to contact us on www.hkspt.org or 3111 0264.

