Introduction

During the Coronavirus pandemic outbreaks, people and communities are traumatized by the invisible enemies which have been infecting more than 2 millions of people worldwide. We all are traumatized with helpless hands, not knowing when will the virus be tackled comprehensively and fully controlled the spreading with appropriate treatment.

This program is organized to equip both helping professionals and laymen to understand how to manage trauma when it happens, understand both short-term acute stress and long-term consequences of Post-traumatic Stress Disorders (PTSD). Furthermore, learning how to process personal traumatic narratives as the gateway to health.

Course Objective

In completion of the course, participants will gain the understanding of:
1. the Nature of Trauma and Post-traumatic Stress Disorders (PTSD)
2. Trauma-related Mental Health disorders Assessments
3. Conceptualized and formalized Treatment Goals and Intervention

Content

1. Understanding self-stress coping skills and strategies
2. Sign and Reactions of Normal Stress & Severe Stress
3. Main Types of Affective Disorders
4. Pathway from Anxiety, Depression to PTSD
5. The Nature of PTSD
6. The Role of Emotion in Traumatic Field
7. Risk factors: Ambiguity, Comorbidity
8. Simple & Complex PTSD
9. Implementation & Considerations of Treatment

Trainer

Dr. Albert Chan (PHD, PSYD)
- Reg. Social Worker
- Clinical & Counseling Psychologist
- Doctor in Clinical Psychology, Uni. of The Rockies
- Doctor in Counseling Psychology, Belford Uni. USA
- Master of Education (Counselling Psychology), McGill Uni.
- Certified Trainer, (NOVA) National Community Crisis Response Team Training, USA
- Certificate of Critical Incident Debriefing, Nova and Mitchell Models (Basic and Advance)
- AAMFT Clinical Fellow and Approved Supervisor (USA)
- Visiting Professor, Beijing Normal University, Beijing, Zhuhai

Dr. Albert Chan is a dynamic and experienced Clinical and Counseling Psychologist with a wide range of personal and corporate management coaching and training experiences from a variety of organizations includes government, non-profit organizations and private corporations.

Dr. Chan offers inspiring insights and stimulating experiential facilitation and psychological services that cultivate participants’ strengths and motivation to develop innovations and practical solutions; coaching CEOs and leaders includes Byer international Corp, Manulife, Prudential, and Price Waterhouse Cooper, HK senior medical officers, HK police superintendents, and Accountants.
Registration Form

Course: Certificate in Trauma Reduction for Caring Professionals
Date & time: 6 Nov. & 13 Nov. 2020 (Fri.) 9:30am – 5:30pm (total of 14 hours)

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<tr>
<th>Course Fee</th>
<th>Early Bird</th>
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<tbody>
<tr>
<td>Single Participant</td>
<td>□ HK$2,600-</td>
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<tr>
<td>Group of 3 or above</td>
<td>□ HK$2,500/- each</td>
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* For group discount registration, please submit your forms altogether.

Name (in English): __________________________ (☐Mr / ☐Ms) 姓名 (中文): __________________________

(Printed name on certificate, please provide it in block letter, thank you.)

Education Level: ☐ Primary ☐ Secondary ☐ Tertiary or above

Nature of Job (please fill in for trainer’s better preparation of teaching materials):
☐ Medical Staff ☐ Social Worker ☐ Occupational Therapist ☐ Other __________________________

#Email: __________________________ Tel: __________________________

☐ I agree ☐ I disagree to receive regular HKSPT’s course information by email.

☐ My email address is already in your list and I have been regularly receiving HKSPT’s course information.

☐ Payment by Cheque:

Please make crossed cheque payable to “Hong Kong Society of Professional Training”

Cheque No: __________________________ Name of Bank: __________________________

Please send completed registration form and cheque to: Hong Kong Society of Professional Training,
Rm. 202-204A, Two Harbourfront, Tak Fung St., Hung Hom, Kowloon, Hong Kong.

☐ Payment by Bank-in / Fast Payment Service (FPS) 轉數快:

Please settle the payment via Fast Payment Service with FPS code 8835217 or bank in to our bank account with “Bank of China (HK) Ltd” 中銀香港 A/C No: 012-890-1-038-682-9.

Please send the completed registration form and screenshot picture or bank in slip to Hong Kong Society of Professional Training either by email (PDF) to ask@hkspt.org or by fax: 852-2125 7900.

We will confirm your registration through email within 1 week, please contact us if you do not receive any confirmation.

Receipt Heading: __________________________ (please write in block letter)

Applicant Signature: __________________________ Date: __________________________

Important Notes:
#1. The course confirmation will be sent to participants via email at least 2 weeks prior the course, please contact us if you do not receive any notification.

#2. All registration will be accepted on a first come first served basis.

#3. Once a registration has been submitted, it cannot be refunded and cancelled for any reasons.

#4. All request on registration amendment must be given in written form. An administration fee of HK$200 will be charged for any processing request.

#5. Official receipt will be issued on the first day of the course. Re-issuance of official receipt will be charged HK$50.

#6. If you have any enquiry, please feel free to contact us on www.hkspt.org or 3111 0264.