



Certificate in

Trauma Reduction

for Caring Professionals

處理「創傷」及創傷壓力後遺症 證書課程

Online Registration



Mental Health and Professional Intervention Series

Accreditation :

Nurse : CNE

Social Worker : CPD

Occupational Therapist : CPD

Introduction

During the Coronavirus pandemic outbreaks, people and communities are traumatized by the invisible enemies which have been infecting more than 2 millions of people worldwide. We all are traumatized with helpless hands, not knowing when will the virus be tackled comprehensively and fully controlled the spreading with appropriate treatment.

This program is organized to equip both helping professionals and laymen to understand how to manage trauma when it happens, understand both short-term acute stress and long-term consequences of Post-traumatic Stress Disorders (PTSD). Furthermore, learning how to process personal traumatic narratives as the gateway to health.

Course Objective

In completion of the course, participants will gain the understanding of:

1. the Nature of Trauma and Post-traumatic Stress Disorders (PTSD)
2. Trauma-related Mental Health disorders Assessments
3. Conceptualized and formalized Treatment Goals and Intervention

Content

1. Understanding self-stress coping skills and strategies
2. Sign and Reactions of Normal Stress & Severe Stress
3. Main Types of Affective Disorders
4. Pathway from Anxiety, Depression to PTSD
5. The Nature of PTSD
6. The Role of Emotion in Traumatic Field
7. Risk factors: Ambiguity, Comorbidity
8. Simple & Complex PTSD
9. Implementation & Considerations of Treatment

Trainer

Dr. Albert Chan (PHD, PSYD)

- Reg. Social Worker
- Clinical & Counseling Psychologist
- Doctor in Clinical Psychology, Uni. of The Rockies
- Doctor in Counseling Psychology, Belford Uni. USA
- Master of Education (Counselling Psychology), McGill Uni.
- Certified Trainer, (NOVA) National Community Crisis Response Team Training, USA
- Certificate of Critical Incident Debriefing, Nova and Mitchell Models (Basic and Advance)
- AAMFT Clinical Fellow and Approved Supervisor (USA)
- Visiting Professor, Beijing Normal University, Beijing, Zhuhai



Dr. Albert Chan is a dynamic and experienced Clinical and Counseling Psychologist with a wide range of personal and corporate management coaching and training experiences from a variety of organizations includes government, non-profit organizations and private corporations.

Dr. Chan offers inspiring insights and stimulating experiential facilitation and psychological services that cultivate participants' strengths and motivation to develop innovations and practical solutions; coaching CEOs and leaders includes Byer international Corp, Manulife, Prudential, and Price Waterhouse Cooper, HK senior medical officers, HK police superintendents, and Accountants.



香港專業培訓學會
Hong Kong Society of Professional Training

202-204A, Two Harbourfront, Tak Fung St.,
Hung Hom, Kowloon, Hong Kong
ask@hkspt.org www.hkspt.org
Tel: 3111 0264 Fax: 2125 7900

Course Details

Date: / Time : 6 Nov. & 13 Nov. 2020 (Fri.) 9:30am – 5:30pm (total of 14 hours)
Venue : HKSP Conference Room, 202-204A, Two Harbourfront, Hung Hom, Kowloon, HK
(Approx. 3 min walking distance from Whampoa MTR Station Exit D2)
Course Fee : HK\$2,600-
Special Offer : HK\$2,500- (Enroll the course 1 month or more prior to the event)
Group Discount : HK\$100- discount /each for group of 3 or more
Language : Cantonese supplemented with English (teaching materials are mainly in English)
Course Mode : Lecture, group discussion, role play & case sharing
Target : Helping Professionals, Teachers, Medical staff and anyone who interested
Certificate: Certificate of Attendance issued by Hong Kong Society of Professional Training
Accreditation: Nurse : 14 CNE, Social Worker : 14 CPD, OT (CPD) : To be confirmed

(CTR – C2061)

For enquiry : 852 - 3111 0264

Online Registration



Registration Form

Course : Certificate in Trauma Reduction for Caring Professionals

Date & time : 6 Nov. & 13 Nov. 2020 (Fri.) 9:30am – 5:30pm (total of 14 hours)

Student No: _____

	Course Fee	Early Bird (Enroll the course 1 month prior to the event)
Single Participant	<input type="checkbox"/> HK\$2,600-	<input type="checkbox"/> HK\$2,500-
Group of 3 or above	<input type="checkbox"/> HK\$2,500-/each	<input type="checkbox"/> HK\$2,400-/each

* For group discount registration, please submit your forms altogether.

Discount Code: _____

Name (in English) : _____ (Mr / Ms) 姓名 (中文): _____

(Printed name on certificate, please provide it in block letter, thank you.)

Education Level: Primary Secondary Tertiary or above

Nature of Job (please fill in for trainer's better preparation of teaching materials):

Medical Staff Social Worker Occupational Therapist Other _____

#Email: _____ Tel: _____

I agree I disagree to receive regular HKSP's course information by email.

My email address is already in your list and I have been regularly receiving HKSP's course information.

Payment by Cheque:

Please made crossed cheque payable to "Hong Kong Society of Professional Training"

Cheque No: _____ Name of Bank: _____

Please send completed registration form and cheque to: **Hong Kong Society of Professional Training,**

Rm. 202-204A, Two Harbourfront, Tak Fung St., Hung Hom, Kowloon, Hong Kong.

Payment by Bank-in / Fast Payment Service (FPS) 轉數快:

Please settle the payment via Fast Payment Service with **FPS code 8835217** or bank in to our bank account with "Bank of China (HK) Ltd" 中銀香港 A/C No: **012-890-1-038-682-9**.

Please send the completed registration form and screenshot picture or bank in slip to Hong Kong Society of Professional Training either by email (PDF) to **ask@hkspt.org** or by fax: **852-2125 7900**.

We will confirm your registration through email within 1 week, please contact us if you do not receive any confirmation.

Receipt Heading: _____ (please write in block letter)

Applicant Signature: _____ Date: _____

Important Notes:

1. The course confirmation will be sent to participants via email at least 2 weeks prior the course, please contact us if you do not receive any notification.
2. All registration will be accepted on a first come first served basis.
3. Once a registration has been submitted, it cannot be refunded and cancelled for any reasons.
4. All request on registration amendment must be given in written form. An administration fee of HK\$200 will be charged for any processing request.
5. Official receipt will be issued on the first day of the course. Re-issuance of official receipt will be charged HK\$50.
6. If you have any enquiry, please feel free to contact us on www.hkspt.org or 3111 0264.

