

# Certificate in

# Obsessive Compulsive Spectrum Disorders (New DSM 5) & Behavioural Therapy for Psychiatric Conditions (Class 2)

(For Caring Professionals)

專業認可學分 **Accreditation**

護士 **Nurse : CNE**

社工 **Social Worker : CPD**

職業治療師 **OT: CPD**

Mental Health Series for Caring Professionals



## Introduction

The contemporary professional view on Obsessive Compulsive Disorders (OCD), according to the new DSM 5 classification, is that it is one of the most commonly seen disorders among the whole OC spectrum disorders. It can also be one of the most disabling neurotic mental conditions we come across day in and day out. The aim of this workshop is to take a modern view on OCD and its extended family.

The second part of the workshop is to revisit the various Behavioural Therapies on different disorders such as Phobic Disorders, Panic Disorders and unwanted behavioural problems. Through the seminar and video shows, rationales and techniques of various Behavioural Therapies will be brought to light.

## Course Objective

1. To have a contemporary view on Obsessive Compulsive Spectrum Disorders and the management of OCD
2. To learn different Behavioural Therapies and their applications to different psychiatric conditions

## Course Content

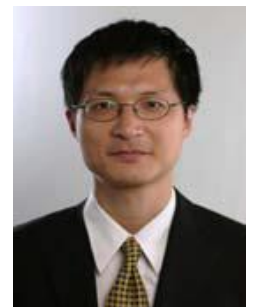
1. Classification and clinical features of OCD in DSM 5
2. The cause, management and prognosis of OCD
3. Introduction of other OC Spectrum Disorders such as Trichotillomania and Hoarding Disorder
4. Introduction of basic rationales of Behavioural Therapies – Classical and Operant Conditioning
5. The techniques and the applications of Behavioural Therapies in various psychiatric conditions

## Trainer

**Dr. Chiu Siu Ning (趙少寧醫生) Specialist in Psychiatry**  
**MBChB (CUHK), MRCPsych(UK), FHKCPsych, FHKAM (PSYCHIATRY)**

After graduating from the medical school of the Chinese University of Hong Kong, Dr. Chiu began his public psychiatric service. He obtained his psychiatric professional qualification in UK in 1994.

Before start his private practicing in May 2007, he had been the Senior Medical Officer of Kwai Chung Hospital for more than 14 years



**香港專業培訓學會**  
**Hong Kong Society of Professional Training**

202-204A, Two Harbourfront, Tak Fung St.,  
Hung Hom, Kowloon, Hong Kong  
ask@hkspt.org www.hkspt.org  
Tel: 3111 0264 Fax: 2125 7900

## Course Details

**Date: / Time :** 11 July 2018 (Wed.) 9:30am – 5:30pm (7 hours)  
**Venue :** HKSPT Conference Room, 202-204A, Two Harbourfront, Hung Hom, KLN, HK (Whampoa MTR Station Exit D2)  
**Course Fee :** HK\$1,180-  
**Special Offer :** HK\$1,130- (Enroll the course at least 1 month prior to the event)  
**Group Discount :** HK\$50- discount/each (For group of 3 or more)  
**Language :** Cantonese supplemented with English (Teaching materials are mainly in English)  
**Course Mode :** Lecture, Video Shows, Role Play, Sharing and Case Discussion  
**Target :** Social workers, counselors, psychologists, health-care professionals, teachers, police officer and judicial personnel, as well as allied professionals  
**Certificate:** Certificate of Attendance issued by Hong Kong Society of Professional Training  
**Accreditation:** Nurse : 7 CNE , Social Worker : 7 CPD , OT (CPD): To be confirmed

Details : [www.ocd.hkspt.org](http://www.ocd.hkspt.org)  
For enquiry: Tel 852-3111 0264

## Registration Form

Student No: \_\_\_\_\_

**Course:** Certificate in OCSD & Behavioural Therapy for Psychiatric Conditions (Class 2) 11 July 2018 9:30am – 5:30pm

	<b>Course Fee</b>	<b>Early Bird</b> (Enroll the course at least 1 month prior to the event)
Single Participant	<input type="checkbox"/> HK\$1,180-	<input type="checkbox"/> HK\$1,130-
Group of 3 or above	<input type="checkbox"/> HK\$1,130-/each	<input type="checkbox"/> HK\$1,080-/each

\* For group discount registration, please submit your forms together.

Name (English) : \_\_\_\_\_ (Mr / Ms) 姓名 (中文): \_\_\_\_\_

(Printed name in your certificate, please write in block letter, thank you.)

Education Level:  Primary  Secondary  Tertiary or above

Working Organization: \_\_\_\_\_ Position: \_\_\_\_\_

#Email: \_\_\_\_\_ Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_

I agree  I disagree to receive regular HKSPT'S course information by email.

My email is already in your list and I have been regularly receiving HKSPT's course information.

Address: \_\_\_\_\_

### Payment by Cheque:

Please made crossed cheque payable to "Hong Kong Society of Professional Training"

Cheque No: \_\_\_\_\_ Name of Bank: \_\_\_\_\_

Please send completed registration form and cheque to: **Hong Kong Society of Professional Training,**

Rm. 202-204A, Two Harbourfront, Tak Fung St., Hung Hom, Kowloon, Hong Kong.

### Payment by Bank-in:

Please bank in the course fee to our bank account with "Bank of China (HK) Ltd" 中銀香港

A/C No: **012-890-1-038-682-9**. Please send the completed registration form and bank in slip to

Hong Kong Society of Professional Training either by email (PDF) to [ask@hkspt.org](mailto:ask@hkspt.org) or by fax: **852-2125 7900**.

Confirmation email will be sent within 1 week from the day of registration made, please contact us if no further information received.

Receipt Heading: \_\_\_\_\_ (please write in block letter)

Signed by Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

### Important Notes:

#1. Confirmation email will be sent within 1 week from the day of registration made, please contact us if no further information received. 2. Once a registration is submitted, it will be processed and non-refundable for any reasons. All request on registration amendment must be given in written form. Administration fee of HK\$200- will be charged for any processing request. 3. Official receipt will be issued on the first day of training. Administration fee of HK\$50- will be charged for re-issue of official receipt 4. The personal data provided on this form will only for registration use.